

## Bieg 21 km

| Msc.              | Nr. | Imię i nazwisko      | Msc. | Kat.   | Klub                     | Miejscowość      | okr.1   | okr.2   | Netto   | Wyniki         | M   | K  |
|-------------------|-----|----------------------|------|--------|--------------------------|------------------|---------|---------|---------|----------------|-----|----|
| <b>Bieg 21 km</b> |     |                      |      |        |                          |                  |         |         |         |                |     |    |
| 1.                | 174 | Adam Marysiak        |      | M30-39 | MKST ASTRA Nowa Sól      | Koźuchów         | 0:38:11 | 0:39:12 | 1:17:23 | <b>1:17:23</b> | 1.  |    |
| 2.                | 147 | Andrzej Piotrowski   |      | M18-29 |                          | Pszczew          | 0:39:02 | 0:41:10 | 1:20:13 | <b>1:20:13</b> | 2.  |    |
| 3.                | 143 | Tomasz Radtka        |      | M40-49 | LZS "Jedność" Łobżenica  | Łobżenica        | 0:40:28 | 0:40:19 | 1:20:47 | <b>1:20:48</b> | 3.  |    |
| 4.                | 116 | Marcin Wacko         |      | M30-39 | Zoffee Kawiarnia         | Poznań           | 0:41:01 | 0:40:16 | 1:21:18 | <b>1:21:18</b> | 4.  |    |
| 5.                | 30  | Maciej Soloch        |      | M18-29 | WRONIECKI KLUB BIEGACZA  | WRONKI           | 0:40:26 | 0:41:41 | 1:22:05 | <b>1:22:07</b> | 5.  |    |
| 6.                | 56  | Gehrke Gehrke        |      | M30-39 |                          | Chodzież         | 0:40:37 | 0:42:23 | 1:22:58 | <b>1:23:00</b> | 6.  |    |
| 7.                | 31  | Zbigniew Adamczak    | 1.   | M30-39 | KB Szamotuły             | Szamotuły        | 0:41:54 | 0:42:05 | 1:23:58 | <b>1:24:00</b> | 7.  |    |
| 8.                | 108 | Grzegorz Naglacki    | 1.   | M40-49 | RAZ Szczecin             | Szczecin         | 0:41:21 | 0:43:27 | 1:24:48 | <b>1:24:49</b> | 8.  |    |
| 9.                | 113 | Marcin Kołdyka       | 2.   | M30-39 | poznanbiega.pl           | Poznań           | 0:42:11 | 0:42:51 | 1:24:59 | <b>1:25:03</b> | 9.  |    |
| 10.               | 163 | Sandra Nowak         |      | K18-29 | MKST ASTRA Nowa Sól      | Zielona Góra     | 0:43:42 | 0:43:10 | 1:26:52 | <b>1:26:52</b> |     | 1. |
| 11.               | 86  | Karol Miszta         | 3.   | M30-39 | KolecTeam Zbąszynek      | Dąbrówka         | 0:43:41 | 0:43:12 | 1:26:52 | <b>1:26:54</b> | 10. |    |
| 12.               | 117 | Maksym Rupieta       | 2.   | M40-49 | WUEF Tri Team poMOCNI    | Poznań           | 0:43:43 | 0:44:05 | 1:27:46 | <b>1:27:48</b> | 11. |    |
| 13.               | 73  | Michał Trąbczyński   | 4.   | M30-39 | KB Szamotuły             | Szamotuły        | 0:44:12 | 0:44:17 | 1:28:28 | <b>1:28:30</b> | 12. |    |
| 14.               | 85  | Marcin Miszta        | 5.   | M30-39 | KolecTEAM                | Nowa Wieś Zbąska | 0:43:41 | 0:45:50 | 1:29:31 | <b>1:29:32</b> | 13. |    |
| 15.               | 67  | Stanisław Wegner     | 6.   | M30-39 |                          | Poznań           | 0:44:54 | 0:44:52 | 1:29:43 | <b>1:29:47</b> | 14. |    |
| 16.               | 40  | Szymon Kukuła        | 1.   | M18-29 |                          | Oborniki         | 0:44:55 | 0:45:02 | 1:29:54 | <b>1:29:58</b> | 15. |    |
| 17.               | 501 | Maciej Adamajtis     | 1.   | M50-59 |                          | Poznań           | 0:44:21 | 0:45:46 | 1:30:05 | <b>1:30:08</b> | 16. |    |
| 18.               | 509 | Krystian Stańko      | 2.   | M18-29 | Sołtysówka               | Oborniki         | 0:44:55 | 0:45:36 | 1:30:29 | <b>1:30:31</b> | 17. |    |
| 19.               | 58  | Arkadiusz Stec       | 3.   | M40-49 | Grzmot Komorniki         | Komorniki        | 0:45:54 | 0:45:08 | 1:30:59 | <b>1:31:02</b> | 18. |    |
| 20.               | 13  | Krzysztof Maryniak   | 2.   | M50-59 |                          | Pszczew          | 0:44:53 | 0:46:37 | 1:31:29 | <b>1:31:30</b> | 19. |    |
| 21.               | 146 | Artur Radtka         | 4.   | M40-49 | Izs 'Jedność' Łobżenica  | Wyrzysk          | 0:45:35 | 0:46:48 | 1:32:22 | <b>1:32:24</b> | 20. |    |
| 22.               | 57  | Błażej Drobnik       | 7.   | M30-39 | Promień Opalenica        | Opalenica        | 0:45:47 | 0:47:05 | 1:32:48 | <b>1:32:52</b> | 21. |    |
| 23.               | 155 | Robert Rataj         | 5.   | M40-49 | Piątkowo na Biegowo      | Poznań           | 0:45:37 | 0:48:09 | 1:33:38 | <b>1:33:47</b> | 22. |    |
| 24.               | 61  | Tomasz GŁÓW          | 6.   | M40-49 | KREISEL RUNNING TEAM     | Szamotuły        | 0:45:55 | 0:48:17 | 1:34:11 | <b>1:34:12</b> | 23. |    |
| 25.               | 173 | Piotr Sternal        | 8.   | M30-39 |                          | Drużyna          | 0:46:38 | 0:48:18 | 1:34:51 | <b>1:34:57</b> | 24. |    |
| 26.               | 38  | Przemysław kaczmarek | 9.   | M30-39 | Sieraków w biegu         | Sieraków         | 0:46:07 | 0:48:55 | 1:34:49 | <b>1:35:03</b> | 25. |    |
| 27.               | 171 | Maciej Pachowicz     | 7.   | M40-49 |                          | Długa Goślina    | 0:45:42 | 0:49:38 | 1:35:12 | <b>1:35:20</b> | 26. |    |
| 28.               | 96  | Krystian Krupa       | 10.  | M30-39 | EITALIA.pl               | Poznań           | 0:47:09 | 0:48:33 | 1:35:39 | <b>1:35:42</b> | 27. |    |
| 29.               | 44  | Leszek Śwital        | 8.   | M40-49 | Morsy Margonin           | Margonin         | 0:45:50 | 0:49:54 | 1:35:39 | <b>1:35:44</b> | 28. |    |
| 30.               | 134 | Sławomir Skotarek    | 3.   | M50-59 | OPALENICKI KLUB BIEGACZA | Opalenica        | 0:47:16 | 0:48:30 | 1:35:41 | <b>1:35:47</b> | 29. |    |
| 31.               | 83  | Damian Kolecki       | 9.   | M40-49 | KolecTEAM                | Zbąszynek        | 0:48:03 | 0:47:48 | 1:35:43 | <b>1:35:51</b> | 30. |    |
| 32.               | 84  | Sylvia Kolecka       |      | K40-49 | KolecTEAM                | Zbąszynek        | 0:48:04 | 0:47:46 | 1:35:43 | <b>1:35:51</b> |     | 2. |

## Bieg 21 km

| Msc.              | Nr.        | Imię i nazwisko          | Msc. | Kat.   | Klub                               | Miejscowość      | okr.1   | okr.2   | Netto   | Wyniki         | M   | K  |
|-------------------|------------|--------------------------|------|--------|------------------------------------|------------------|---------|---------|---------|----------------|-----|----|
| <b>Bieg 21 km</b> |            |                          |      |        |                                    |                  |         |         |         |                |     |    |
| 33.               | <b>161</b> | Łukasz Urban             | 11.  | M30-39 | Spodenki Nisko Opuszczone          | Łubowo           | 0:46:48 | 0:49:17 | 1:36:01 | <b>1:36:05</b> | 31. |    |
| 34.               | <b>91</b>  | Joanna Wasielak          |      | K30-39 |                                    | Swarzędz         | 0:46:53 | 0:49:36 | 1:36:26 | <b>1:36:29</b> |     | 3. |
| 35.               | <b>42</b>  | Małgorzata Wawrzyniak    |      | K40-49 | parkrun Poznań                     | Pozanań          | 0:48:31 | 0:47:58 | 1:36:30 | <b>1:36:30</b> |     | 4. |
| 36.               | <b>141</b> | Jacek Sołtysiak          | 3.   | M18-29 | WNPID UAM                          | Kleszczewo       | 0:47:33 | 0:50:16 | 1:37:47 | <b>1:37:49</b> | 32. |    |
| 37.               | <b>36</b>  | wiesław stawniczy        | 1.   | M60-69 | SENIOR53                           | Głogów           | 0:47:31 | 0:50:29 | 1:37:57 | <b>1:38:01</b> | 33. |    |
| 38.               | <b>150</b> | Filip Michałowski        | 4.   | M18-29 | FSD Run drezdenko                  | Drezdenko        | 0:48:51 | 0:50:12 | 1:38:57 | <b>1:39:03</b> | 34. |    |
| 39.               | <b>154</b> | Tomasz Wiza              | 10.  | M40-49 |                                    | Swarzędz         | 0:49:19 | 0:49:52 | 1:38:55 | <b>1:39:11</b> | 35. |    |
| 40.               | <b>115</b> | Ewa Kaczmarek-Śląska     |      | K30-39 | For Run Team                       | Poznań           | 0:48:46 | 0:50:29 | 1:39:08 | <b>1:39:16</b> |     | 5. |
| 41.               | <b>135</b> | Piotr Piechota           | 12.  | M30-39 | Kulasy                             | Opalenica        | 0:50:04 | 0:49:26 | 1:39:18 | <b>1:39:30</b> | 36. |    |
| 42.               | <b>145</b> | Radosław Niezborala      | 11.  | M40-49 | FSD RUN DREZDENKO                  | Drezdenko        | 0:48:43 | 0:51:14 | 1:39:52 | <b>1:39:57</b> | 37. |    |
| 43.               | <b>81</b>  | Jarosław Frankowski      | 12.  | M40-49 | 1970                               | Zagórów          | 0:49:42 | 0:50:23 | 1:39:32 | <b>1:40:05</b> | 38. |    |
| 44.               | <b>14</b>  | Łukasz Parus             | 13.  | M40-49 |                                    | Zagórów          | 0:49:44 | 0:50:21 | 1:39:33 | <b>1:40:06</b> | 39. |    |
| 45.               | <b>98</b>  | Grzegorz Szyngiel        | 13.  | M30-39 | Rodzinka.pl on tour                | Kórnik           | 0:48:38 | 0:51:38 | 1:40:13 | <b>1:40:16</b> | 40. |    |
| 46.               | <b>170</b> | Julian Dąbrowski         | 14.  | M30-39 | KB Pilnujemy Tyłów                 | Poznań           | 0:47:55 | 0:52:28 | 1:40:19 | <b>1:40:24</b> | 41. |    |
| 47.               | <b>63</b>  | Patryk Jakubowski        | 15.  | M30-39 | OKB Opalenica                      | Opalenica        | 0:50:43 | 0:49:41 | 1:40:08 | <b>1:40:25</b> | 42. |    |
| 48.               | <b>11</b>  | Mikołaj Piechowiak       | 16.  | M30-39 | Druzyna Szpiku                     | Pniewy           | 0:48:55 | 0:51:53 | 1:40:40 | <b>1:40:49</b> | 43. |    |
| 49.               | <b>88</b>  | Agnieszka                |      | K30-39 | Rokietnica Biega                   | Rokietnica       | 0:49:45 | 0:51:07 | 1:40:48 | <b>1:40:53</b> |     | 6. |
| 50.               | <b>15</b>  | Jarosław Madajczak       | 14.  | M40-49 | time                               | TRZCIANKA        | 0:48:31 | 0:52:29 | 1:40:51 | <b>1:41:00</b> | 44. |    |
| 51.               | <b>503</b> | Przemysław Tomiak        | 17.  | M30-39 | Grupa Krotoski-Cichy               | Leszno           | 0:48:42 | 0:52:33 | 1:41:02 | <b>1:41:16</b> | 45. |    |
| 52.               | <b>39</b>  | Bolesław Chwarścianek    | 2.   | M60-69 | kb gmina czarnkow                  | Czarnków         | 0:49:59 | 0:51:52 | 1:41:38 | <b>1:41:51</b> | 46. |    |
| 53.               | <b>71</b>  | Krzysztof Aleksandrowicz | 18.  | M30-39 | Unilever Poznań                    | Poznań           | 0:50:48 | 0:51:13 | 1:41:41 | <b>1:42:01</b> | 47. |    |
| 54.               | <b>124</b> | Michał Łabojewski        | 15.  | M40-49 | Wroniecki klub biegacza            | Wronki           | 0:49:56 | 0:52:09 | 1:41:49 | <b>1:42:06</b> | 48. |    |
| 55.               | <b>162</b> | Damian Graj              | 19.  | M30-39 | KAMA Run Czarnków                  | Brzeźno          | 0:51:16 | 0:52:02 | 1:43:05 | <b>1:43:18</b> | 49. |    |
| 56.               | <b>118</b> | Zofia Wawrzyniak-Wacko   | 1.   | K30-39 | Kobiety biegają / Zoffee Kawiarnia | Poznań           | 0:51:35 | 0:52:16 | 1:43:43 | <b>1:43:51</b> |     | 7. |
| 57.               | <b>127</b> | Krzysztof Konieczny      | 16.  | M40-49 | amator                             | Szamotuły        | 0:50:26 | 0:53:41 | 1:44:02 | <b>1:44:08</b> | 50. |    |
| 58.               | <b>77</b>  | Zofia Adamska            | 2.   | K30-39 | Run The Event                      | Toruń            | 0:51:35 | 0:53:02 | 1:44:25 | <b>1:44:37</b> |     | 8. |
| 59.               | <b>166</b> | Bartosz Roszak           | 20.  | M30-39 | Wroniecki Klub Biegacza            | Wronki           | 0:51:23 | 0:53:14 | 1:44:19 | <b>1:44:38</b> | 51. |    |
| 60.               | <b>114</b> | Krzystian Moryl          | 17.  | M40-49 |                                    | Otus             | 0:51:07 | 0:53:42 | 1:44:41 | <b>1:44:50</b> | 52. |    |
| 61.               | <b>22</b>  | Grzegorz Kaczmarek       | 18.  | M40-49 | TICON                              | Murowana Goślina | 0:50:48 | 0:54:05 | 1:44:48 | <b>1:44:53</b> | 53. |    |
| 62.               | <b>125</b> | Łukasz Urbaniak          | 21.  | M30-39 |                                    | Trzemeszno       | 0:51:43 | 0:53:19 | 1:44:53 | <b>1:45:03</b> | 54. |    |
| 63.               | <b>504</b> | Jolanty Rybarczyk        | 4.   | M50-59 |                                    | Pniewy           | 0:49:07 | 0:56:56 | 1:46:00 | <b>1:46:04</b> | 55. |    |
| 64.               | <b>103</b> | Łukasz Zieliński         | 22.  | M30-39 | Biegam, żeby móc pić dobre piwo!   | Poznań           | 0:52:26 | 0:53:43 | 1:46:00 | <b>1:46:10</b> | 56. |    |

## Bieg 21 km

| Msc.              | Nr.        | Imię i nazwisko         | Msc. | Kat.   | Klub                          | Miejscowość   | okr.1   | okr.2   | Netto   | Wyniki         | M   | K   |
|-------------------|------------|-------------------------|------|--------|-------------------------------|---------------|---------|---------|---------|----------------|-----|-----|
| <b>Bieg 21 km</b> |            |                         |      |        |                               |               |         |         |         |                |     |     |
| 65.               | <b>510</b> | Łukasz Partyka          | 19.  | M40-49 |                               | Ponań         | 0:53:32 | 0:52:58 | 1:46:18 | <b>1:46:30</b> | 57. |     |
| 66.               | <b>105</b> | Ania Kaźmierczak-molik  | 3.   | K30-39 | MMA DEVIL MIĘDZYCHÓD          | Sieraków      | 0:53:34 | 0:53:05 | 1:46:26 | <b>1:46:40</b> |     | 9.  |
| 67.               | <b>128</b> | Tomasz Kujawa           | 5.   | M50-59 | Team Julka                    | Oborniki      | 0:57:30 | 0:49:26 | 1:46:34 | <b>1:46:56</b> | 58. |     |
| 68.               | <b>511</b> | Adam Jankowski          | 23.  | M30-39 |                               | Jerwonice     | 0:51:55 | 0:55:13 | 1:46:50 | <b>1:47:08</b> | 59. |     |
| 69.               | <b>41</b>  | Robert Wawrzyniak       | 20.  | M40-49 | parkrun Poznań                | Poznań        | 0:55:00 | 0:52:13 | 1:46:58 | <b>1:47:14</b> | 60. |     |
| 70.               | <b>47</b>  | Krzysztof Marcinowski   | 21.  | M40-49 | RUN4FUN                       | Plewiska      | 0:53:32 | 0:54:15 | 1:47:34 | <b>1:47:47</b> | 61. |     |
| 71.               | <b>72</b>  | Michał Likowski         | 22.  | M40-49 |                               | Poznań        | 0:52:23 | 0:55:33 | 1:47:48 | <b>1:47:56</b> | 62. |     |
| 72.               | <b>508</b> | Jan Migdał              | 3.   | M60-69 | TKKF "ŁABĘDŹ" Zbąszyń         | Zbąszynek     | 0:52:35 | 0:55:40 | 1:48:01 | <b>1:48:16</b> | 63. |     |
| 73.               | <b>139</b> | Adam Michalkiewicz      | 24.  | M30-39 |                               | Poznań        | 0:53:05 | 0:55:14 | 1:48:14 | <b>1:48:19</b> | 64. |     |
| 74.               | <b>513</b> | Dawid Błaszczyk         | 25.  | M30-39 |                               | Poznań        | 0:54:45 | 0:54:17 | 1:48:32 | <b>1:49:02</b> | 65. |     |
| 75.               | <b>122</b> | Aleksander Szymański    | 23.  | M40-49 | Oleksy Biega                  | Swarzędz      | 0:53:35 | 0:55:32 | 1:48:53 | <b>1:49:07</b> | 66. |     |
| 76.               | <b>80</b>  | Ola Matysiak            | 1.   | K18-29 |                               | Warszawa      | 0:53:21 | 0:55:49 | 1:48:55 | <b>1:49:10</b> |     | 10. |
| 77.               | <b>101</b> | Leszek Kawalec          | 6.   | M50-59 |                               | Brody żarskie | 0:53:21 | 0:55:55 | 1:49:03 | <b>1:49:16</b> | 67. |     |
| 78.               | <b>102</b> | Adam Wayda              | 7.   | M50-59 | Komak Głogów                  | Głogów        | 0:55:14 | 0:54:31 | 1:49:32 | <b>1:49:46</b> | 68. |     |
| 79.               | <b>144</b> | Marcin Król             | 26.  | M30-39 |                               | Słupca        | 0:52:23 | 0:57:34 | 1:49:49 | <b>1:49:58</b> | 69. |     |
| 80.               | <b>35</b>  | Anna Glazer             | 1.   | K50-59 | Czarnków                      | Czarnków      | 0:54:21 | 0:55:39 | 1:49:48 | <b>1:50:00</b> |     | 11. |
| 81.               | <b>95</b>  | Mieczysław Przyborowski | 4.   | M60-69 | REMET TEAM                    | Poznań        | 0:53:54 | 0:56:16 | 1:49:54 | <b>1:50:11</b> | 70. |     |
| 82.               | <b>99</b>  | Krzysztof Góra          | 27.  | M30-39 | Wroniecki Klub Biegacza       | Wronki        | 0:52:27 | 0:57:44 | 1:49:53 | <b>1:50:11</b> | 71. |     |
| 83.               | <b>151</b> | Mirosław Białek         | 28.  | M30-39 | Wroniecki Klub Biegacza       | Wronki        | 0:54:53 | 0:55:33 | 1:50:06 | <b>1:50:26</b> | 72. |     |
| 84.               | <b>130</b> | Robert Sikora           | 24.  | M40-49 | Wroniecki Klub Biegacza       | Wronki        | 0:54:55 | 0:55:31 | 1:50:08 | <b>1:50:26</b> | 73. |     |
| 85.               | <b>25</b>  | Maciej Spychała         | 25.  | M40-49 | Wroniecki Klub Biegacza       | Wronki        | 0:54:56 | 0:55:30 | 1:50:08 | <b>1:50:26</b> | 74. |     |
| 86.               | <b>123</b> | Michał Pawleta          | 26.  | M40-49 | Night Runners Gliwice         | Gliwice       | 0:53:38 | 0:56:49 | 1:50:15 | <b>1:50:27</b> | 75. |     |
| 87.               | <b>1</b>   | Liliana Żmija           | 2.   | K18-29 | FSD Sport Strzelce Krajeńskie | Zwierzyn      | 0:54:12 | 0:56:16 | 1:50:23 | <b>1:50:28</b> |     | 12. |
| 88.               | <b>5</b>   | Tomasz Molik            | 27.  | M40-49 |                               | Międzychód    | 0:54:28 | 0:56:08 | 1:50:29 | <b>1:50:37</b> | 76. |     |
| 89.               | <b>75</b>  | Wiesław Fidecki         | 1.   | M70-79 | niezrzeszony                  | Poznań        | 0:54:38 | 0:56:09 | 1:50:38 | <b>1:50:48</b> | 77. |     |
| 90.               | <b>107</b> | Andrzej Drgas           | 5.   | M60-69 | MOTOR LUBOŃ TEAM              | Luboń         | 0:56:05 | 0:55:02 | 1:50:53 | <b>1:51:08</b> | 78. |     |
| 91.               | <b>82</b>  | Maciej Połczyński       | 29.  | M30-39 | Stalowa Łyda                  | Poznań        | 0:55:21 | 0:56:37 | 1:51:38 | <b>1:51:58</b> | 79. |     |
| 92.               | <b>172</b> | Jagoda Charłęza         | 3.   | K18-29 | Charłęza Zawsze Zwycięża      | Poznań        | 0:51:15 | 1:01:00 | 1:52:11 | <b>1:52:15</b> |     | 13. |
| 93.               | <b>120</b> | Waldemar Sówka          | 8.   | M50-59 | landsklep.pl                  | Stajkowo      | 0:55:16 | 0:57:00 | 1:52:00 | <b>1:52:17</b> | 80. |     |
| 94.               | <b>505</b> | Bartosz Grzempowski     | 30.  | M30-39 |                               | Sieraków      | 0:49:39 | 1:02:51 | 1:52:29 | <b>1:52:30</b> | 81. |     |
| 95.               | <b>23</b>  | Przemysław Andrzejewski | 31.  | M30-39 | WK Poznań                     | Poznań        | 0:52:47 | 1:00:06 | 1:52:43 | <b>1:52:54</b> | 82. |     |
| 96.               | <b>19</b>  | Robert Szymański        | 28.  | M40-49 |                               | Gorzów Wlkp.  | 0:56:35 | 0:56:51 | 1:53:11 | <b>1:53:26</b> | 83. |     |

## Bieg 21 km

| Msc.              | Nr.        | Imię i nazwisko        | Msc. | Kat.   | Klub                    | Miejscowość    | okr.1   | okr.2   | Netto   | Wyniki         | M    | K   |
|-------------------|------------|------------------------|------|--------|-------------------------|----------------|---------|---------|---------|----------------|------|-----|
| <b>Bieg 21 km</b> |            |                        |      |        |                         |                |         |         |         |                |      |     |
| 97.               | <b>34</b>  | Konrad Ratajczak       | 29.  | M40-49 | Trochę już biegam ;)    | Rumia          | 0:53:19 | 1:00:19 | 1:53:32 | <b>1:53:39</b> | 84.  |     |
| 98.               | <b>87</b>  | Marcin Ziemia          | 32.  | M30-39 |                         | Warszawa       | 0:55:42 | 0:58:01 | 1:53:29 | <b>1:53:43</b> | 85.  |     |
| 99.               | <b>156</b> | Mateusz Witkowski      | 5.   | M18-29 |                         | Silna          | 0:56:55 | 0:57:03 | 1:53:30 | <b>1:53:59</b> | 86.  |     |
| 100.              | <b>65</b>  | Mirosław Tworek        | 30.  | M40-49 | Run4Fun                 | Czerwieńsk     | 1:02:11 | 0:51:53 | 1:53:53 | <b>1:54:04</b> | 87.  |     |
| 101.              | <b>164</b> | Zbigniew Bombała       | 31.  | M40-49 |                         | Nowa Wieś      | 0:53:38 | 1:00:31 | 1:53:43 | <b>1:54:09</b> | 88.  |     |
| 102.              | <b>50</b>  | Kamil Kalemba          | 33.  | M30-39 |                         | Brzeg Dolny    | 0:54:56 | 0:59:31 | 1:54:18 | <b>1:54:27</b> | 89.  |     |
| 103.              | <b>9</b>   | Artur Dubert           | 32.  | M40-49 |                         | poznan         | 0:56:36 | 0:58:08 | 1:54:26 | <b>1:54:44</b> | 90.  |     |
| 104.              | <b>26</b>  | Jarosław Wojczyński    | 33.  | M40-49 |                         | Piaskowo       | 0:55:24 | 0:59:37 | 1:54:40 | <b>1:55:01</b> | 91.  |     |
| 105.              | <b>148</b> | Marta Gajęcka          | 4.   | K18-29 | 1991                    | Radom          | 0:55:58 | 0:59:09 | 1:54:53 | <b>1:55:07</b> |      | 14. |
| 106.              | <b>12</b>  | Sławomir Starosta      | 34.  | M40-49 | Aktywnie w Pniewach     | Ostroróg       | 0:55:42 | 0:59:25 | 1:54:51 | <b>1:55:08</b> | 92.  |     |
| 107.              | <b>62</b>  | Michał Serocki         | 34.  | M30-39 |                         | Gliwice        | 0:55:22 | 0:59:45 | 1:54:49 | <b>1:55:08</b> | 93.  |     |
| 108.              | <b>51</b>  | Mirosław Musiał        | 35.  | M40-49 |                         | Wronki         | 0:50:55 | 1:04:15 | 1:55:03 | <b>1:55:10</b> | 94.  |     |
| 109.              | <b>74</b>  | Zenon Talar            | 6.   | M60-69 | KĘSY Team               | Dąbrówka Leśna | 0:56:34 | 0:58:46 | 1:55:04 | <b>1:55:21</b> | 95.  |     |
| 110.              | <b>110</b> | Karol Rzepa            | 35.  | M30-39 | Wroniecki Klub Biegacza | Wronki         | 0:56:17 | 1:00:07 | 1:56:04 | <b>1:56:24</b> | 96.  |     |
| 111.              | <b>59</b>  | Piotr Jarysz           | 36.  | M30-39 | Poznan                  | Poznań         | 0:55:54 | 1:00:38 | 1:56:23 | <b>1:56:33</b> | 97.  |     |
| 112.              | <b>133</b> | Arkadiusz Kurowski     | 36.  | M40-49 | Akademia Sportu Wronki  | Wronki         | 0:57:54 | 0:59:05 | 1:56:40 | <b>1:57:00</b> | 98.  |     |
| 113.              | <b>48</b>  | Kazimierz Sawiński     | 7.   | M60-69 |                         | SZCZECIN       | 0:56:51 | 1:00:10 | 1:56:57 | <b>1:57:01</b> | 99.  |     |
| 114.              | <b>507</b> | Marian Zdanowski       | 8.   | M60-69 |                         | Poznań         | 0:53:58 | 1:03:20 | 1:57:01 | <b>1:57:18</b> | 100. |     |
| 115.              | <b>2</b>   | Grzegorz Brzeziński    | 37.  | M30-39 |                         | Pszczew        | 0:56:40 | 1:00:46 | 1:57:26 | <b>1:57:26</b> | 101. |     |
| 116.              | <b>160</b> | Darek Zieliński-Wronka | 37.  | M40-49 |                         | Swarzędz       | 0:57:25 | 1:00:11 | 1:57:24 | <b>1:57:37</b> | 102. |     |
| 117.              | <b>45</b>  | Ania Cicha             | 4.   | K30-39 | PCH RUN                 | CHODZIEŻ       | 0:58:16 | 1:00:32 | 1:58:41 | <b>1:58:49</b> |      | 15. |
| 118.              | <b>79</b>  | Piotr Kuczyński        | 9.   | M60-69 | NKB Chyży Nowy Tomyśl   | Poznań         | 1:01:33 | 0:58:26 | 1:59:26 | <b>2:00:00</b> | 103. |     |
| 119.              | <b>89</b>  | Andrzej Paniączyk      | 9.   | M50-59 |                         | Poznan         | 0:57:15 | 1:02:51 | 1:59:54 | <b>2:00:07</b> | 104. |     |
| 120.              | <b>165</b> | Piotr Demel            | 38.  | M40-49 | Dzik Przodem            | Gliwice        | 0:59:17 | 1:01:43 | 2:00:48 | <b>2:01:00</b> | 105. |     |
| 121.              | <b>18</b>  | Tadeusz Koroński       | 39.  | M40-49 | parkrun Poznań          | Poznań         | 0:56:39 | 1:04:22 | 2:00:45 | <b>2:01:01</b> | 106. |     |
| 122.              | <b>32</b>  | MARIUSZ WOŹNIAK        | 40.  | M40-49 | Woźniaki                | Poznań         | 0:57:50 | 1:03:25 | 2:00:59 | <b>2:01:16</b> | 107. |     |
| 123.              | <b>10</b>  | Waldemar Kuster        | 41.  | M40-49 |                         | Psarskie       | 0:57:39 | 1:05:14 | 2:02:53 | <b>2:02:54</b> | 108. |     |
| 124.              | <b>506</b> | Barbara Cichos         | 2.   | K50-59 | Grodziski Klub Biegacza | Grodzisk WLKP  | 0:58:32 | 1:04:34 | 2:02:58 | <b>2:03:06</b> |      | 16. |
| 125.              | <b>129</b> | Jakub Grzempowski      | 38.  | M30-39 |                         | Czapury        | 0:57:19 | 1:06:52 | 2:03:59 | <b>2:04:12</b> | 109. |     |
| 126.              | <b>149</b> | Sebastian Borkowski    | 39.  | M30-39 | Street Run Radom        | Radom          | 1:00:18 | 1:03:59 | 2:04:03 | <b>2:04:17</b> | 110. |     |
| 127.              | <b>6</b>   | Tomasz Kabaciński      | 40.  | M30-39 | Wroniecki Klub Biegacza | Wronki         | 1:01:49 | 1:02:50 | 2:04:09 | <b>2:04:39</b> | 111. |     |
| 128.              | <b>140</b> | Dawid Tomaszewski      | 42.  | M40-49 | Dawid Tomaszewski       | Komorniki      | 0:59:53 | 1:04:55 | 2:04:38 | <b>2:04:49</b> | 112. |     |

## Bieg 21 km

| Msc.              | Nr.        | Imię i nazwisko            | Msc. | Kat.   | Klub                   | Miejscowość       | okr.1   | okr.2   | Netto   | Wyniki         | M    | K   |
|-------------------|------------|----------------------------|------|--------|------------------------|-------------------|---------|---------|---------|----------------|------|-----|
| <b>Bieg 21 km</b> |            |                            |      |        |                        |                   |         |         |         |                |      |     |
| 129.              | <b>24</b>  | Piotr Nawrot               | 43.  | M40-49 | gRUNwald Team Poznań   | Poznań            | 1:11:06 | 0:54:08 | 2:04:28 | <b>2:05:14</b> | 113. |     |
| 130.              | <b>37</b>  | Jadwiga Duda               | 1.   | K60-69 |                        | Szamotuły         | 1:00:13 | 1:05:23 | 2:05:23 | <b>2:05:37</b> |      | 17. |
| 131.              | <b>106</b> | Leszek Grocholewski        | 10.  | M50-59 | MOTOR LUBOŃ TEAM       | Luboń             | 1:00:08 | 1:05:31 | 2:05:25 | <b>2:05:39</b> | 114. |     |
| 132.              | <b>78</b>  | Natalia Plewa              | 5.   | K30-39 |                        | Oborniki          | 1:02:22 | 1:03:36 | 2:05:48 | <b>2:05:59</b> |      | 18. |
| 133.              | <b>502</b> | Łukasz Parzyński           | 41.  | M30-39 | JW 2189                | Płock             | 1:03:07 | 1:03:11 | 2:05:48 | <b>2:06:19</b> | 115. |     |
| 134.              | <b>53</b>  | Dariusz Gruszka            | 11.  | M50-59 |                        | Murowana Goślina  | 1:02:55 | 1:03:31 | 2:05:58 | <b>2:06:27</b> | 116. |     |
| 135.              | <b>20</b>  | Jakub Tonder               | 6.   | M18-29 | Bukowski Klub Biegacza | BUK               | 0:59:09 | 1:07:48 | 2:06:45 | <b>2:06:57</b> | 117. |     |
| 136.              | <b>177</b> | Andrzej Molski             | 12.  | M50-59 |                        | Warszawa          | 1:02:28 | 1:05:24 | 2:07:22 | <b>2:07:52</b> | 118. |     |
| 137.              | <b>153</b> | Robert Janowicz            | 13.  | M50-59 |                        | Nowa Wieś         | 1:08:53 | 1:00:11 | 2:08:38 | <b>2:09:04</b> | 119. |     |
| 138.              | <b>60</b>  | Małgorzata Rozynek         | 1.   | K40-49 | parkrun Poznań         | Poznań            | 1:03:20 | 1:05:47 | 2:08:46 | <b>2:09:08</b> |      | 19. |
| 139.              | <b>7</b>   | Magdalena Grzegorzewska    | 6.   | K30-39 |                        | Szamotuły         | 1:00:49 | 1:08:38 | 2:09:19 | <b>2:09:28</b> |      | 20. |
| 140.              | <b>132</b> | Radosław Karge             | 42.  | M30-39 |                        | Chrzypsko Wielkie | 0:56:54 | 1:12:42 | 2:09:34 | <b>2:09:37</b> | 120. |     |
| 141.              | <b>46</b>  | Danuta Czarnecka           | 3.   | K50-59 | Pch_Run                | Chodzież          | 1:03:16 | 1:06:21 | 2:09:30 | <b>2:09:38</b> |      | 21. |
| 142.              | <b>137</b> | Olga Czoszyk-Kawala        | 7.   | K30-39 | ŚWIERCZEWO RUN         | Poznań            | 1:03:29 | 1:06:26 | 2:09:35 | <b>2:09:55</b> |      | 22. |
| 143.              | <b>90</b>  | Dawid Wargin               | 7.   | M18-29 | Niezrzeszony           | Wronki            | 0:58:39 | 1:11:58 | 2:10:31 | <b>2:10:37</b> | 121. |     |
| 144.              | <b>21</b>  | Maciej Krotoski            | 43.  | M30-39 |                        | Poznań            | 1:03:19 | 1:08:16 | 2:11:14 | <b>2:11:36</b> | 122. |     |
| 145.              | <b>142</b> | Jarosław Milnikel          | 44.  | M30-39 |                        | Rogoźno Wlkp      | 1:08:47 | 1:03:45 | 2:12:10 | <b>2:12:32</b> | 123. |     |
| 146.              | <b>93</b>  | Agnieszka Jarnót           | 2.   | K40-49 | NKB Chyży Nowy Tomysl  | Stary Tomyśl      | 1:04:34 | 1:10:31 | 2:14:41 | <b>2:15:06</b> |      | 23. |
| 147.              | <b>92</b>  | Grzegorz Nahaczewski       | 44.  | M40-49 |                        | Nowy Tomyśl       | 1:04:33 | 1:10:33 | 2:14:43 | <b>2:15:06</b> | 124. |     |
| 148.              | <b>97</b>  | Marian Tatarynowicz        | 2.   | M70-79 | NIEZRZESZONY           | Zielona Góra      | 1:03:57 | 1:11:38 | 2:15:27 | <b>2:15:35</b> | 125. |     |
| 149.              | <b>152</b> | Alicja Malewicz-Pełczyńska | 3.   | K40-49 | 1972                   | Kiekrz            | 1:05:59 | 1:11:19 | 2:16:57 | <b>2:17:18</b> |      | 24. |
| 150.              | <b>138</b> | Grzegorz Stępnia           | 45.  | M40-49 | Sajbicki gepard        | Słubice           | 1:04:36 | 1:13:35 | 2:17:52 | <b>2:18:12</b> | 126. |     |
| 151.              | <b>28</b>  | Natalia Sedyka             | 8.   | K30-39 |                        | Rokietnica        | 1:08:35 | 1:10:29 | 2:18:31 | <b>2:19:05</b> |      | 25. |
| 152.              | <b>119</b> | Agnieszka Dziecielska      | 4.   | K40-49 |                        | Poznań            | 1:05:32 | 1:15:22 | 2:20:34 | <b>2:20:55</b> |      | 26. |
| 153.              | <b>176</b> | Igor Paziewski             | 8.   | M18-29 | Kuna Kowanówko         | Kowanówko         | 1:10:58 | 1:10:36 | 2:21:28 | <b>2:21:35</b> | 127. |     |
| 154.              | <b>512</b> | Marek Goworek              | 45.  | M30-39 | MONAR                  | Rogoźno           | 1:10:54 | 1:11:39 | 2:22:11 | <b>2:22:34</b> | 128. |     |
| 155.              | <b>175</b> | Andrzej Paziewski          | 46.  | M40-49 | Kuna Kowanówko         | Kowanówko         | 1:10:59 | 1:14:13 | 2:25:05 | <b>2:25:12</b> | 129. |     |
| 156.              | <b>112</b> | Łukasz Krystkiewicz        | 46.  | M30-39 | Minionki Dachsera      | Tulce             | 1:09:14 | 1:17:00 | 2:25:53 | <b>2:26:14</b> | 130. |     |
| 157.              | <b>100</b> | Antoni Koch                | 14.  | M50-59 |                        | Śrem              | 1:11:32 | 1:17:53 | 2:28:59 | <b>2:29:26</b> | 131. |     |
| 158.              | <b>131</b> | Franciszek Kęпка           | 47.  | M40-49 | Monar Rożnowice 34     | Rogoźno           | 1:10:58 | 1:22:51 | 2:33:27 | <b>2:33:50</b> | 132. |     |
| 159.              | <b>76</b>  | Grzegorz Kaczmarowski      | 47.  | M30-39 | gxka                   | Poznań            | 1:10:53 | 1:24:15 | 2:34:38 | <b>2:35:08</b> | 133. |     |
| 160.              | <b>49</b>  | ireneusz buliczak          | 10.  | M60-69 | Sieraków               | Sieraków          | 1:17:12 | 1:28:08 | 2:44:50 | <b>2:45:20</b> | 134. |     |

## Bieg 21 km

| Msc.              | Nr.        | Imię i nazwisko     | Msc. | Kat.   | Klub                            | Miejscowość     | okr.1   | okr.2   | Netto   | Wyniki         | M    | K |
|-------------------|------------|---------------------|------|--------|---------------------------------|-----------------|---------|---------|---------|----------------|------|---|
| <b>Bieg 21 km</b> |            |                     |      |        |                                 |                 |         |         |         |                |      |   |
| 161.              | <b>167</b> | Maciej Stegnerski   | 48.  | M40-49 | Młodzi Bydgoszczanie            | Bydgoszcz       | 1:21:16 | 1:26:10 | 2:46:54 | <b>2:47:26</b> | 135. |   |
| 162.              | <b>168</b> | Tomasz Kręt         | 48.  | M30-39 |                                 | Kielce          | 1:21:15 | 1:29:16 | 2:50:00 | <b>2:50:32</b> | 136. |   |
| 163.              | <b>70</b>  | Stanisław Stasiński | 3.   | M70-79 | KB MANIAC POZNAŃ                | Człuchowska 13a | 1:22:08 | 1:28:54 | 2:50:44 | <b>2:51:03</b> | 137. |   |
| 164.              | <b>157</b> | Jarosław Sowiński   | 15.  | M50-59 | TERAZ TULCE MY BIEGAMY BIEGAJ Z | Tulce           | 0:59:21 | 0:41:27 | 1:40:31 | <b>DSQ</b>     | 138. |   |

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